

Rulebook Singles



Competition Rules

2017-2018

INDHOLDSFORTEGNELSE

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1.0 INTERNATIONAL JUDGING SYSTEM

The Technical Panel

The Technical Panel is composed of the Technical Controller, the Technical Specialist and the Assistant Technical Specialist. A Data Operator assists them for recording purposes. An instantaneous slow-motion video replay system operated by a Replay Operator supports the Technical Panel in the identification of the performed elements. The Technical Specialist, assisted by the Assistant Technical Specialist, identifies and calls the performed elements and the specific Levels of Difficulty of certain performed elements. The Panel identifies illegal or additional elements and falls. The Technical Controller authorizes and/or corrects all calls, supervises the Data Operator and can propose corrections, if necessary. In case of disagreement, the majority among the three Officials prevails.

The Judges

The Judges focus entirely on evaluating the quality of each element performed (Technical Score) and the quality of the performance (Presentation Score)

Their scores will be based on specific quality criteria for each element and will provide a comprehensive assessment of each skater's skills and performance, without comparing each skater in relation to all others. The Judge enters the scores through a touch screen unit. Judges may review in real time certain elements of the skaters' performances by means of an instantaneous Video Replay System.

There will be a panel of a maximum of 9 Judges per segment. The scores of these

The Technical Score

Each element performed has a base value and the judges assign a "Grade of Execution" to the element allowing the element to increase in value when done well or decrease in value when done poorly. The name of the identified element will be listed instantaneously on the Judge's screen. The Judge then simply grades the quality of the element on a scale of +3, +2, +1, 0, -1, -2, -3. With this scale and the resulting "quality judgment", the Judge can either increase or decrease the Base Value of each performed element.

The total of all the elements scores gives the Technical Score.

Program Component Score

In addition to the Technical Score, the Judges will award points on a scale from 0.25 to 10.00 with increments of 0.25 for the five (5) Program Components: Skating Skills,

Transitions, Performance, Composition, and Interpretation. The Judges component score is multiplied with a factor.

The Final Score

The total segment score is obtained from the Technical Score plus the Presentation Score, after having subtracted any deduction (for example -1.0 for a fall). Then, the Short Program and the Free Skating scores are added together to form the final score. The skater with the highest total score wins.

2.0 AGE AND TEST REQUIREMENTS

2.1 FOR DSU's CHAMPIONSHIP LEVEL SKATERS

Group	Age Requirement	Test	Old Test
Senior (M)	No requirements	Gold (Guld)	Sølv
Junior (M)	Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)	Gold (Guld)	Sølv
Novice (M)	Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)	Silver (Sølv)	Stort Bronze
Debs (M)	Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)	Bronze	Lille Bronze
Springs (M)	Not reached 12 years as of 01.07.17 (born 01.07.2005 or later)	Bronze	Lille Bronze
Cubs (M)	Not reached 10 years as of 01.07.17 (born 01.07.2007 or later)	Basic II	---

2.2 FOR DSU's COMPETITION LEVEL SKATERS

Group	Age Requirement	Test	Old Test
Senior 2 (K)	No requirements	Basic II	Lille Bronze
Senior 1 (K)	No requirements	Basic I	Færdigheds- mærke
Junior 2 (K)	Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)	Basic II	Lille Bronze
Junior 1 (K)	Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)	Basic I	Færdigheds- mærke
Novice 2 (K)	Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)	Basic II	Lille Bronze
Novice 1 (K)	Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)	Basic I	Færdigheds- mærke
Debs (K)	Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)	Basic I	Færdigheds- mærke
Springs (K)	Not reached 12 years as of 01.07.17 (born 01.07.2005 or later)	Basic I	Færdigheds- mærke
Cubs (K)	Not reached 10 years as of 01.07.17 (born 01.07.2007 or later)	Basic I	---
Chicks (K)	Not reached 8 years as of 01.07.17 (born 01.07.2009 or later)	½ Basic I (optional part)	---

2.3 HOW TO ACTIVATE TESTS AND HOW TO CHANGE BETWEEN CHAMPIONSHIP AND COMPETITIONS GROUPS

The skating season goes from July 1st – June 31st. During the season a skater can change maximum once between championship (M) group and competition (K) group

Skate in M or K group

If a skater with an activated required test for a M group wishes to skate in the K group, the skater is to participate in a group higher than required. When changing from Debs, Novice, Junior and Senior M groups the skater will enter competitions in the Novice 2, Junior 2 or Senior 2 group.

Exceptions from above

If a skater with required tests for Debs M wishes to skate in the K group, the skater can skate in Debs K if she/he has never competed in Debs M.

By the beginning of a new season the skater can continue to skate in the K group or skate in the required M group again.

When to activate test

Basic 1 need to be activated by the beginning of the following season at the latest.

It is optional for skaters with Basic 2, Bronze, Silver and Gold tests when to activate their tests. It is not possible to deactivate a test. A passed test that is not activated will not be outdated.

3.0 RELEVANT ISU DOCUMENTS 2017-2018

ISU Communication no. 2089

Scale of Values, Level of Difficulty, GOE sæson 2017-2018

ISU Communication no. 2024

Rules and details for Novice

Technical Panel Handbook 2017-2018, Single Skating

Deductions in Singles and Pairs

Program Components Overview

Program Components Explanations

It is always coaches/skaters responsibility to be updated with the new ISU updates. All respective ISU communications and new versions is to be found at:

<http://www.isu.org/en/single-and-pair-skating-and-ice-dance/isu-judging-system/single-and-pair-skating>

4.0 PROGRAM CONTENT FOR CHAMPIONSHIP LEVEL (M)

4.1 SENIOR CHAMPIONSHIP LEVEL (M)

In accordance with the ISU Technical Rules Single and Pair Skating 2016, Rule 611, 612, and the respective ISU Communication.

4.1.1 Senior ladies– SHORT PROGRAM

Age: No age requirement

Test requirement: Gold / or Silver (old test)

Duration: 2 min and 40 sec ± 10 sec

- a) Double or Tripl Axel
- b) Triple jump immediately preceded by connecting steps and/or other comparable Free Skating movements
- c) Jump combination consisting of a double jump and a triple jump or two triple jumps
- d) Flying spin, min 8 revs.
- e) Layback/sideways leaning spin or sit or camel spin without change of foot (basicposition need to be different than d))
- f) Spin combination with only one change of foot, min. 6 revs. on each foot
- g) Step sequence fully utilizing the ice surface

Note

When the triple Axel is executed in a), it cannot be repeated again as a solo jump or in the jump combination. b) needs to be a different jump than a) and c). The jump-combination can consist of same or different jump.

Jumps which do not satisfy the requirements (including wrong number of revolutions) will have no value, but will block a jumping box.

Program Components (5), factor: 0,8

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls

10 % "Half time" bonus for jumps after 1 min. and 20 sec

4.1.2 Senior ladies – FREE SKATING

Age: No age requirement

Test requirement: Gold / or Silver (old test)

Duration: 4.00 min ± 10 sec

- a) Maximum of 7 jump elements
One of which must be an Axel type jump
There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) jumps, the other two up to two (2) jumps
- b) Maximum of 3 spins, one of which must be a spin combination (min 10 revs), one a flying spin or a spin with a flying entrance and one a spin with only one position (6 revs)
- c) Maximum of 1 step sequence
- d) Maximum of 1 choreographic sequence

Note

Any double jump (including double Axel) cannot be included more than twice in total (as a Solo Jump or a part of Combination / Sequence).

Of all the triple and quadruple jumps only two (2) can be executed twice. If at least one of these executions is in a jump combination or a jump sequence, both executions are evaluated in a regular way. If both executions are as solo jumps, the second of these solo jumps will receive 70% of its original Base Value.

Program Componenter (5), factor: 1,6

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls

10 % "Half time" bonus for jumps after 2 min.

4.1.3 Senior men – SHORT PROGRAM

Age: No age requirement

Test requirement: Gold / or Silver (old test)

Duration: 2 min and 40 sec ± 10 sec

- a) Double or Tripl Axel
- b) Triple or quadruple jump immediately preceded by connecting steps and/or other comparable Free Skating movements
- c) Jump combination consisting of a double jump and a triple jump or two triple jumps or a quadruple jump and a double jump or a triple jump;
- d) Flying spin, min. 8 revs
- e) Camel spin or sit spin with only one change of foot; (basic position need to be different than d) min 6 revs on each foot
- f) Spin combination with only one change of foot, min. 6 revs on each foot
- g) Step sequence fully utilizing the ice surface

Note

b) For Senior Men any triple or quadruple jump is permitted, when a quadruple jump is executed in c), a different quadruple jump can be included as a solo jump.

b) needs to be a different jump than a) and c). The jump combination can consist of same or different jump.

Jumps which do not satisfy the requirements (including wrong number of revolutions) will have no value, but will block a jumping box.

Program Components (5), factor: 1,0

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls

10 % "Half time" bonus for jumps after 1 min. and 20 sec

4.1.4 Senior men – FREE SKATING

Age: No age requirement

Test requirement: Gold / or Silver (old test)

Duration: 4 min 30 sec ± 10 sec

- a) Maximum of 8 jump elements
One of which must be an Axel type jump
There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) jumps, the other two up to two (2) jumps
- b) Maximum of 3 spins, one of which must be a spin combination (min 10 revs), one a flying spin or a spin with a flying entrance and one a spin with only one position (6 revs)
- c) Maximum of 1 step sequence
- d) Maximum of 1 choreographic sequence

Note

Any double jump (including double Axel) cannot be included more than twice in total (as a Solo Jump or a part of Combination / Sequence).

Of all the triple and quadruple jumps only two (2) can be executed twice. If at least one of these executions is in a jump combination or a jump sequence, both executions are evaluated in a regular way. If both executions are as solo jumps, the second of these solo jumps will receive 70% of its original Base Value.

Program Componenter (5), factor: 1,6

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: -1.0 for the first and second fall, -2.0 for the third and fourth falls, -3.0 for the fifth and any further falls

10 % "Half time" bonus for jumps after 2 min 15 sec.

4.2 JUNIOR CHAMPIONSHIP LEVEL (M)

In accordance with the ISU Technical Rules Single and Pair Skating 2016, Rule 611, 612, and the respective ISU Communication

4.2.1 Junior ladies – SHORT PROGRAM

Age: Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)

Test requirement: Gold / or Silver (old test)

Duration: 2 min and 40 sec ± 10 sec

- a) Double Axel Paulsen
- b) Double or triple Lutz immediately preceded by connecting steps and/or by other comparable Free Skating movements
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps
- d) Flying sit spin, min. 8 revs
- e) Layback / sideways leaning spin or camel spin without change of foot, min 8 revs.
- f) Spin combination with only one change of foot, min. 6 revs on each foot
- g) Step sequence fully utilizing the ice surface

Note

b) needs to be a different jump than a) and c). The jumpcombination can consist of same or different jump.

Jumps which do not satisfy the requirements (including wrong number of revolutions) will have no value, but will block a jumping box.

Program Componenter (5), factor: 1,6

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: 1,0 point

10 % "Half time" bonus for jumps after 1 min 20 sec.

4.2.2 Junior ladies – FREE SKATING

Age: Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)

Test requirement: Gold / or Silver (old test)

Duration: 3 min and 30 sec ± 10 sec

- a) Maximum of 7 jump elements
One of which must be an Axel type jump
There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) jumps, the other two up to two (2) jumps
- b) Maximum of 3 spins, one of which must be a spin combination (min 10 revs.), one a flying spin or a spin with a flying entrance and one a spin with only one position (min 6 revs.)
- c) Maximum of 1 step sequence

Bemærk

Any double jump (including double Axel) cannot be included more than twice in total (as a Solo Jump or a part of Combination / Sequence).

Of all the triple and quadruple jumps only two (2) can be executed twice. If at least one of these executions is in a jump combination or a jump sequence, both executions are evaluated in a regular way. If both executions are as solo jumps, the second of these solo jumps will receive 70% of its original Base Value

Bonus

Additional rules for Free Skating in DEN:

A bonus is given a maximum of one (1) time in FS. A Bonus is given when two (2) different triple jumps are completed with an under rotated (<) or better, no matter in which attempt this is achieved – keeping in mind the allowed number of repeated triple jumps.

Program Components (5), factor: 1,6

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: 1,0 point

10 % "Half time" bonus for jumps after 1 min 45 sec.

4.2.3 Junior men – SHORT PROGRAM

Age: Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)

Test requirement: Gold / or Silver (old test)

Duration: 2 min and 40 sec ± 10 sec

- a) Double or triple Axel Paulsen
- b) Double or triple Lutz immediately preceded by connecting steps and/or by other comparable Free Skating movements
- c) Jump combination consisting of a double and a triple jump or two triple jumps;
- d) Flying sit spin, min. 8 revs
- e) Camel spin with only one change of foot, min. 6 revs on each foot
- f) Spin combination with only one change of foot, min. 6 revs on each foot
- g) Step sequence fully utilizing the ice surface

Bemærk

b) needs to be a different jump than a) and c). The jumpcombination can consist of same or different jump.

Jumps which do not satisfy the requirements (including wrong number of revolutions) will have no value, but will block a jumping box.

Program Componenter (5), factor: 1,0

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: 1,0 point

10 % "Half time" bonus for jumps after 1 min 20 sec.

4.2.4 Junior men – FREE SKATING

Age: Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)

Test requirement: Gold / or Silver (old test)

Duration: 4.00 min ± 10 sec

- a) Maximum of 8 jump elements
One of which must be an Axel type jump
There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) jumps, the other two up to two (2) jumps
- d) Maximum of 3 spins, one of which must be a spin combination (min 10 revs.), one a flying spin or a spin with a flying entrance and one a spin with only one position (min 6 revs.)
- e) Maximum of 1 step sequence

Note

Any double jump (including double Axel) cannot be included more than twice in total (as a Solo Jump or a part of Combination / Sequence).

Of all the triple and quadruple jumps only two (2) can be executed twice. If at least one of these executions is in a jump combination or a jump sequence, both executions are evaluated in a regular way. If both executions are as solo jumps, the second of these solo jumps will receive 70% of its original Base Value

Bonus (*Additional rules for Free Skating in DEN*)

A bonus is given a maximum of one (1) time in FS. A Bonus is given when two (2) different triple jumps are completed with an under rotated (<) or better, no matter in which attempt this is achieved – keeping in mind the allowed number of repeated triple jumps.

Program Components (5), factor: 2,0

Skating Skills, Transitions, Performance, Composition, Interpretation

Deduction for fall: 1,0 point

10 % "Half time" bonus for jumps after 2 min.

4.3 NOVICE CHAMPIONSHIP LEVEL (M)

The Short Program and Free Skating is in accordance with ISU's Advanced Novice, ISU Communication no. 2024- except a) in short program

4.3.1 Novice piger – KORT PROGRAM

Age: Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)

Test requirement: Silver / or Stort Bronze (old test)

Duration: 2 min og 20 sec ± 10 sec

- a) Double Axel
- b) Double or triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps or one double and one triple jump
- d) Layback/sideways leaning spin or spin in one basic position with no change of foot (minimum six (6) revolutions)
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequence fully utilizing the ice surface

Note

b)needs to be a different jump than a) and c). The jumpcombination can consist of same or different jump

Jumps not according to Short Program requirements (e.g.wrong number of revolutions) will receive no value.

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored

Program Components (4), factor: 0,8

Skating Skills, Transitions, Performance, Interpretation

Deduction for fall: 0,5 point

Max 8 in a warm up group

4.3.2 Novice girls – FREE SKATING

Age: Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)

Test requirement: Silver / or Stort Bronze (old test)

Duration: 3 min ± 10 sec

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Any single and double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum eight (8) revolutions) and one must be a flying spin (minimum six (6) revolutions or a spin with a flying entrance (minimum eight (8) revolutions)
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface

Note

Any single or double jump (including double Axel) cannot be included more than twice in total (as a Solo Jump or a part of Combination / Sequence).

Of all the triple and quadruple jumps only two (2) can be executed twice. If at least one of these executions is in a jump combination or a jump sequence, both executions are evaluated in a regular way. If both executions are as solo jumps, the second of these solo jumps will receive 70% of its original Base Value

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored

Bonus (Additional rules for Free Skating in DEN)

A bonus is given a maximum of two (2) times in the Free Skating – One (1) bonus point is awarded for a double Axel downgrade (<<) and/or a triple jump downgrade (<<). Two (2) bonus points are awarded for a double Axel underrotated or fully rotated and/or for a triple jump fully rotated or underrotated (<). The first two (2) jumps that will receive bonus points will count for bonus. When a bonus is given, a "B" will appear on the screen as an additional element, by the request of the technical panel following authorization. The value of the bonus will be added to the total technical score of the Free Skating. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Components (4), factor: 1,6

Skating Skills, Transitions, Performance, Interpretation

Deduction for fall: 0,5 point

Max 8 in a warm up group

4.3.3 Novice boys – SHORT PROGRAM

Age: Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)

Test requirement: Silver / or Stort Bronze (old test)

Duration: 2 min og 20 sek ± 10 sek

- a) Double Axel
- b) Double or triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps or one double and one triple jump
- d) Camel, sit or upright spin (minimum of five (5) revolutions on each foot) with change of foot and no flying entrance.
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequence fully utilizing the ice surface.

Note

b)needs to be a different jump than a) and c). The jumpcombination can consist of same or different jump

Jumps not according to Short Program requirements (wrong number of revolutions) will receive no value.

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored

Program Components (4), factor: 0,8

Skating Skills, Transitions, Performance, Interpretation

Deduction for fall: 0,5 point

Max 8 in a warm up group

4.3.4 Novice boys – FREE SKATING

Age: Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)

Test requirement: Silver / or Stort Bronze (old test)

Duration: 3 min ± 10 sec

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Any single and double jump (including Double Axel) cannot be executed more than twice in total.
- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum eight (8) revolutions) and one must be a flying spin (minimum six (6) revolutions or a spin with a flying entrance (minimum eight (8) revolutions)
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface

Note

Any single or double jump (including double Axel) cannot be included more than twice in total (as a Solo Jump or a part of Combination / Sequence).

Of all the triple and quadruple jumps only two (2) can be executed twice. If at least one of these executions is in a jump combination or a jump sequence, both executions are evaluated in a regular way. If both executions are as solo jumps, the second of these solo jumps will receive 70% of its original Base Value

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored

Bonus (Additional rules for Free Skating in DEN)

A bonus is given a maximum of two (2) times in the Free Skating – One (1) bonus point is awarded for a double Axel downgrade (<<) and/or a triple jump downgrade (<<). Two (2) bonus points are awarded for a double Axel underrotated or fully rotated and/or for a triple jump fully rotated or underrotated (<). The first two (2) jumps that will receive bonus points will count for bonus. When a bonus is given, a "B" will appear on the screen as an additional element, by the request of the technical panel following authorization. The value of the bonus will be added to the total technical score of the Free Skating. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Components (4), factor: 1,6

Skating Skills, Transitions, Performance, Interpretation

Deduction for fall: 0,5 point

Max 8 in a warm up group

4.4 DEBS CHAMPIONSHIP LEVEL (M)

4.4.1 Debs girls – SHORT PROGRAM

Age: Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)

Test requirement: Bronze or Lille Bronze (old test)

Duration: 2.20 min ± 10 sec

- a) Single or double Axel
- b) Double jump (free) immediately preceded by connecting steps
- c) Jump combination consisting of two double jumps or one double and one single jump
- d) Layback or sideways leaning spin, or spin in a basic position, no change of foot, min. 6 revolutions, no change of foot, no flying entry
- e) Spin combination with only one change of foot, min. 5 revolutions on each foot, flying entry is possible
- f) One step sequence

Note

The solo jump (b) must be different from that used in (a) and different from the jumps in the jump combination (c). Jumps used in the jump combination (c) can be the same but have to be different than the jumps used in (a) and (b).

Jumps which do not satisfy the requirements – including wrong number of revolutions – will have no value, but will block a jumping box, if one is empty.

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Program Components (4 stk.), factor: 0,8

Skating Skills, Transitions, Performance, Interpretation

A fall will give a deduction of 0,5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

4.4.2 Debs girls – FREE SKATING

Age: Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)

Test requirement: Bronze or Lille Bronze (old test)

Duration: 3.00 min ± 10 sec

- a) Maximum of 6 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
One must be a spin combination with change of foot (min. 8 revolutions), flying entrance is not allowed, and one must be a flying spin (min. 6 revolutions) or a spin in one position with change of foot and a flying entrance (min. 8 revolutions)
- c) Maximum 1 step sequence

Note

Any single or double jump (including Double Axel) cannot be attempted more than twice.

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Bonus

A bonus is given a maximum of two (2) times in the Free Skating – One (1) bonus point is awarded for a double Axel downgrade (<<) and/or a triple jump downgrade (<<). Two (2) bonus points are awarded for a double Axel underrotated or fully rotated and/or for a triple jump fully rotated or underrotated (<<). The first two (2) jumps that will receive bonus points will count for bonus. When a bonus is given, a "B" will appear on the screen as an additional element, by the request of the technical panel following authorization. The value of the bonus will be added to the total technical score of the Free Skating. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Components (4), factor: 1,6

Skating Skills, Transitions, Performance, Interpretation

A fall will give a deduction of 0,5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

4.4.3 Debs boys – SHORT PROGRAM

Age: Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)

Test requirement: Bronze or Lille Bronze (old test)

Duration: 2.20 min ± 10 sec

- a) Single or double Axel
- b) Double jump (free) immediately preceded by connecting steps
- c) Jumps combination consisting of two double jumps or one double and one single jump
- d) Upright, Camel or sit spin with change of foot, flying entrance not allowed (min. 5 revolutions on each foot)
- e) Spin combination with at least one change of position and only one change of foot (min. 5 revolutions on each foot), flying entry allowed
- f) One step sequence

Note

The solo jump (b) must be different from that used in (a) and different from the jumps in the jump combination (c). Jumps used in the jump combination (c) can be the same but have to be different than the jumps used in (a) and (b).

Jumps which do not satisfy the requirements – including wrong number of revolutions – will have no value, but will block a jumping box, if one is empty.

In elements with levels, a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Program Components (4), factor: 0,9

Skating Skills, Transitions, Performance, Interpretation

A fall will give a deduction of 0,5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

4.4.4 Debs boys – FREE SKATING

Age: Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)

Test requirement: Bronze or Lille Bronze (old test)

Duration: 3.00 min ± 10 sec

- a) Maximum of 6 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
One must be a spin combination with change of foot (min. 8 revolutions), flying entrance is not allowed, and one must be a flying spin (min. 6 revolutions) or a spin in one position with change of foot and a flying entrance (min. 8 revolutions)
- c) Maximum 1 step sequence

Note

Any single or double jump (including Double Axel) cannot be attempted more than twice.

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Bonus

A bonus is given a maximum of two (2) times in the Free Skating – One (1) bonus point is awarded for a double Axel downgrade (<<) and/or a triple jump downgrade (<<). Two (2) bonus points are awarded for a double Axel underrotated or fully rotated and/or for a triple jump fully rotated or underrotated (<). The first two (2) jumps that will receive bonus points will count for bonus. When a bonus is given, a "B" will appear on the screen as an additional element, by the request of the technical panel following authorization. The value of the bonus will be added to the total technical score of the Free Skating. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Components (4), factor: 1,8

Skating Skills, Transitions, Performance, Interpretation

A fall will give a deduction of 0,5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

4.5 SPRINGS CHAMPIONSHIP LEVEL (M)

4.5.1 Springs girls and boys – FREE SKATING

Age: Not reached 12 years as of 01.07.17 (born 01.07.2005 or later)

Test requirement: Bronze or Lille Bronze (old test)

Duration– girls and boys: 2.30 min ± 10 sec

- a) Maximum of 5 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
One must be a spin combination, change of foot is allowed (min. 10 revolutions), and one must be a flying spin or a spin with flying entrance, change of position and foot is allowed (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

Any single or double jump (including Double Axel) cannot be attempted more than twice.

In elements with levels a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Bonus

A bonus is given maximum one (1) time in the Free Skating. Two (2) bonus points are awarded for a double Axel completed with an underrotated (<) or fully rotated. One (1) bonus point is awarded for a double Axel downgrade (<<). The first jump that will receive bonus points will count for bonus. When a bonus is given a "B" will appear on the screen as an additional element, by the request of the technical panel after authorization. The value of the bonus point will be added to the total technical score of the Free Skating. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Componenter (2), factor: 2,5

Skating Skills, Performance

A fall will give a deduction of 0,5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

Girls and boys compete in the same group

4.6 CUBS CHAMPIONSHIP LEVEL (M)

4.6.1 Cubs girls and boys – FREE SKATING

Age: Not reached 10 years as of 01.07.17 (born 01.07.2007 or later)

Test requirement: Basic II or Færdighedsmærke (old test)

Duration – girls and boys: 2.30 min ± 10 sec

- a) Maximum of 4 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entrance is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

Any single or double jump (including Double Axel) cannot be attempted more than twice.

In elements with levels, a maximum of level 2 can be given. Any additional attempted level features will be ignored.

Program Componenter (2), factor: 2,5

Skating Skills, Performance

A fall will give a deduction of 0.5 points.

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

Girls and boys compete in the same group

5.0 PROGRAM CONTENT FOR COMPETITION LEVEL (K)

5.1 SENIOR 2 COMPETITION LEVEL (K)

5.1.1 Ladies and Men– FREE SKATING

No age requirement

Test requirement: Basic II or Lille Bronze (old test)

Duration – **Ladies and Men:** 3.00 min ± 10 sec

- a) Maximum of 6 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can consist of two (2) jumps and max. one (1) jump combination can consist of three (3) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

Any double jump cannot be attempted more than twice. There are no requirements for repetitions to be in jump combination or sequence.

In elements with levels, a maximum of level 4 can be given.

Bonus

A bonus of two (2) points are given maximum two (2) times in the Free Skating. Bonus is awarded when a double Axel is completed with an under rotated (<) or better, and awarded for a three (3) jump combination with three (3) double jumps. Two (2) double jumps can be underrotated (<) to receive the bonus points. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded

Program Components (5), faktor: ladies: 1,6 men: 2,0

Skating Skills, Transitions, Performance, Composition, Interpretation

A fall will give a deduction of 1.0 points

5.2 JUNIOR 2 COMPETITION LEVEL (K)

5.2.1 Ladies and Men – FREE SKATING

Age: Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)

Test requirement: Basic II or Lille Bronze (old test)

Duration – **Ladies and Men:** 3.00 min ± 10 sec

- a) Maximum of 6 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

Any double jump cannot be attempted more than twice. There are no requirements for repetitions to be in jump combination or sequence.

In elements with levels, a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Bonus

A bonus is given maximum one (1) time in the Free Skating. Bonus is given when a jump combination consisting of two (2) double jumps is completed with an under rotated (<) or better, no matter in which attempt this is achieved – remembering the allowed number of repetitions.

If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Components (5), factor ladies: 1,6 men:2,0

Skating Skills, Transitions, Performance, Composition, Interpretation

A fall will give a deduction of 1.0 points

5 minutes warm-up

5.3 NOVICE 2 COMPETITION LEVEL (K)

5.3.1 Girls and Boys – FREE SKATING

Age: Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)

Test requirement: Basic II or Lille Bronze (old test)

Duration – **Girls and Boys:** 3.00 min ± 10 sec

- a) Maximum of 6 jump elements
One must be an Axel or Axel-type jump
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

Any double jump cannot be attempted more than twice. There are no requirements for repetitions to be in jump combination or sequence.

In elements with levels, a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Bonus

A bonus is given maximum one (1) time in the Free Skating. Bonus is given when a jump combination consisting of two (2) double jumps is completed with an under rotated (<) or better, no matter in which attempt this is achieved – remembering the allowed number of repetitions.

If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

Program Componenter (4) factor: girls 1,6 boys: 1,8

Skating Skills, Transitions, Performance, Interpretation

A fall will give a deduction of 0.5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

5.4 SENIOR 1, JUNIOR 1, NOVICE 1 COMPETITION LEVEL (K)

5.4.1 Ladies/Girls and Men/Boys – FREE SKATING

Age – **Senior 1**: No age requirement

Age – **Junior 1**: Not reached 19 years as of 01.07.17 (born 01.07.1998 or later)

Age – **Novice 1**: Not reached 15 years as of 01.07.17 (born 01.07.2002 or later)

Test requirement: Basic I or Færdighedsmærke (old test)

Duration – **Ladies/Girls and Men/Boys**: 3.00 min ± 10 sec

- a) Maximum of 6 jump elements
One must be a Lutz
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

Only one (1) single Axel and one (1) double jump can be attempted in the Free Skating. All additional attempts of single Axel and double jumps will be considered as a wrong element and will receive s no value. Such attempts will however count as a jump element and will occupy "jumping boxes".

In elements with levels, a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Program Components (3), factor: Ladies/Girls 1,7 Men/Boys: 2,0

Skating Skills, Performance, Composition

A fall will give a deduction of 0.5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

5.5 DEBS COMPETITION LEVEL (K)

5.5.1 Girls and Boys – FREE SKATING

Age: Not reached 13 years as of 01.07.17 (born 01.07.2004 or later)

Test requirement: Basic I or Færdighedsmærke (old test)

Duration – **Girls and Boys**: 3.00 min ± 10 sec

- a) Maximum of 5 jump elements
One must be a Lutz
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

In elements with levels, a maximum of level 3 can be given. Any additional attempted level features will be ignored.

Program Componenter (2), factor: 2,5

Skating Skills, Performance

A fall will give a deduction of 0.5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

5.6 SPRINGS COMPETITION LEVEL (K)

5.6.1 Girls and Boys – FREE SKATING

Age: Not reached 12 years as of 01.07.17 (born 01.07.2005 or later)

Test requirement: Basic I or Færdighedsmærke (old test)

Duration – **Girls and Boys**: 2 min and 30 sec ± 10 sec

- a) Maximum of 5 jump elements
One must be a Lutz
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 different spins
The spins must have different abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

In elements with levels, a maximum of level 2 can be given. Any additional attempted level features will be ignored.

Program Components (2) factor: 2,5

Skating Skills, Performance

A fall will give a deduction of 0.5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

Girls and boys in the same group

5.7 CUBS COMPETITION LEVEL (K)

5.7.1 Girls and Boys – FREE SKATING

Age: Not reached 10 years as of 01.07.17 (born 01.07.2007 or later)

Test requirement: Basic I

Duration – **Girls and Boys:** 2 min and 30 sec ± 10 sec

- a) Maximum of 4 jump elements
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 spins
The spins can have the same abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot), spin combinations with or without change of foot (min. 6 revolutions)
- c) Maximum 1 step sequence

Note

In elements with levels, a maximum of level 2 can be given. Any additional attempted level features will be ignored.

Program Components (2) factor: 2,5

Skating Skills, Performance

A fall will give a deduction of 0.5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

Girls and boys in the same group

5.8. CHICKS COMPETITION LEVEL (K)

5.8.1 Girls and Boys – FREE SKATING

Age: Not reached 8 years as of 01.07.17 (born 01.07.2009 or later)

Test requirement: ½ Basic I, optional part

Duration – **Girls and Boys:** 2 min and 30 sec ± 10 sec

- a) Maximum of 4 jump elements
Maximum two (2) jump combinations or sequences. Jump combinations can only consist of two (2) jumps. Jump sequences can contain any number of jumps
- b) Maximum of 2 spins
The spins can have the same abbreviations, change of foot and flying entry is allowed. Spins in one position without change of foot (min. 3 revolutions), spins in one positions with change of foot (min. 3 revolutions on each foot)
Spin combinations not allowed
- c) Maximum 1 step sequence

Note

In elements with levels, a maximum of level 2 can be given. Any additional attempted level features will be ignored.

Program Components (2) factor: 2,5

Skating Skills, Performance

A fall will give a deduction of 0.5 points

Maximum of 8 skaters in a warm-up group

5 minutes warm-up

Girls and boys in the same group

6.0 BONUS FOR JUMPS IN FREE SKATING

A bonus can be awarded for certain jumps in some categories in the Free Skating. The value of 1 or 2 points will be added to the total technical score in the Free Skating. Jumps awarded with bonus points follow rules for GOE and fall. If a jump, that is valid for a bonus, obtains an * (asterisk -wrong element) the bonus cannot be awarded.

7.0 PROGRAM COMPONENTS

Program Components are awarded from 0,25 to 10,0 with increments of 0.25. Program components consists of; Skating Skills, Transitions, Performance, Composition samt Interpretation.

7.1 PROGRAM COMPONENTS FOR CHAMPIONSHIP LEVEL (M)

Group	No.	Components	Factor
Senior (M)	5	Skating Skills Transitions Performance Composition Interpretation	Ladies: Short Program 0,8 Free Skating 1,6 Men: Short Program 1,0 Free Skating 2,0
Junior (M)	5	Skating Skills Transitions Performance Composition Interpretation	Ladies: Short Program 0,8 Free Skating 1,6 Men: Short Program 1,0 Free Skating 2,0
Novice (M)	4	Skating Skills Transitions Performance Interpretation	Girls: Short Program 0,8 Free Skating 1,6 Boys: Short Program 0,9 Free Skating 1,8
Debs (M)	4	Skating Skills Transitions Performance Interpretation	Girls: Short Program 0,8 Free Skating 1,6 Boys: Short Program 0,9 Free Skating 1,8
Springs (M)	2	Skating Skills Performance	Girls and Boys: Free Skating 2,5
Cubs (M)	2	Skating Skills Performance	Girls and Boys: Free Skating 2,5

7.2 PROGRAM COMPONENTS FOR COMPETITION LEVEL (K)

Group	No.	Components	Factor
Senior 2, Junior 2 (K)	5	Skating Skills Transitions Performance Composition Interpretation	Ladies: Free Skating 1,6 Men: Free Skating 2,0
Novice 2 (K)	4	Skating Skills Transitions Performance Interpretation	Girls: Free Skating 1,6 Boys: Free Skating 1,8
Senior 1, Junior 1, Novice 1 (K)	3	Skating Skills Performance Composition	Ladies/Girls: Free Skating 1,7 Men/Boys Free Skating 2,0
Debs (K)	2	Skating Skills Performance	Girls and Boys: Free Skating 2,5
Springs (K)	2	Skating Skills Performance	Girls and Boys: Free Skating 2,5
Cubs (K)	2	Skating Skills Performance	Girls and Boys: Free Skating 2,5
Chicks (K)	2	Skating Skills Performance	Girls and Boys: Free Skating 2,5

8.0 WARM UP GROUPS and info

Group	Warm Up time	Max skaters in warm up group	Deduction for fall	Max level
Senior (M)	6 min	6	Fall 1-2:1 Fall 3-4:2 Fall 5- :3	4
Junior (M)	6 min	6	1,0	4
Novice (M)	6 min	8	0,5	3
Debs (M)	<u>5 min</u>	8	0,5	3
Springs (M)	<u>5 min</u>	8	0,5	3
Cubs (M)	<u>5 min</u>	8	0,5	2

Group	Warm Up time	Max skaters in warm up group	Deduction for fall	Max level
Senior 2 (K)	6 min	6	1,0	4
Junior 2 (K)	<u>5 min</u>	6	1,0	3
Novice 2 (K)	<u>5 min</u>	8	0,5	3
Senior 1, Junior 1, Novice 1 (K)	<u>5 min</u>	8	0,5	3
Debs (K)	5 min	8	0,5	3
Springs (K)	5 min	8	0,5	3
Cubs (K)	5 min	8	0,5	2
Chicks (K)	5 min	8	0,5	2

Debs and Novice Boys and also Junior and Senior Men can have joint warm-op groups. The Ladies/Girls and Men/Boys can have warm up together with a maximum of 6 or 8 skaters depending on the category. (only in DEN)

8.1 SIZE OF WARM UP GROUPS DEPENDING ON NUMBER OF ENTRIES

Number of entries	Groups with max of 6 in a warm up group	Groups with max of 6 in a warm up group
6	6	6
7	3 + 4	7
8	4 + 4	8
9	4 + 5	4 + 5
10	5 + 5	5 + 5
11	5 + 6	5 + 6
12	6 + 6	6 + 6
13	4 + 4 + 5	6 + 7
14	4 + 5 + 5	7 + 7
15	5 + 5 + 5	7 + 8
16	5 + 5 + 6	8 + 8
17	5 + 6 + 6	5 + 6 + 6
18	6 + 6 + 6	6 + 6 + 6
19	4 + 5 + 5 + 5	6 + 6 + 7
20	5 + 5 + 5 + 5	6 + 7 + 7
21	5 + 5 + 5 + 6	7 + 7 + 7
22	5 + 5 + 6 + 6	7 + 7 + 8
23	5 + 6 + 6 + 6	7 + 8 + 8
24	6 + 6 + 6 + 6	8 + 8 + 8
25	5 + 5 + 5 + 5 + 5	6 + 6 + 6 + 7
26	5 + 5 + 5 + 5 + 6	6 + 6 + 7 + 7
27	5 + 5 + 5 + 6 + 6	6 + 7 + 7 + 7
28	5 + 5 + 6 + 6 + 6	7 + 7 + 7 + 7
29	5 + 6 + 6 + 6 + 6	7 + 7 + 7 + 8
30	6 + 6 + 6 + 6 + 6	7 + 7 + 8 + 8
31	5 + 5 + 5 + 5 + 5 + 6	7 + 8 + 8 + 8
32	5 + 5 + 5 + 5 + 6 + 6	8 + 8 + 8 + 8
33	5 + 5 + 5 + 6 + 6 + 6	6 + 6 + 7 + 7 + 7
34	5 + 5 + 6 + 6 + 6 + 6	6 + 7 + 7 + 7 + 7
35	5 + 6 + 6 + 6 + 6 + 6	7 + 7 + 7 + 7 + 7
36	6 + 6 + 6 + 6 + 6 + 6	7 + 7 + 7 + 7 + 8
37	5 + 5 + 5 + 5 + 5 + 6 + 6	7 + 7 + 7 + 8 + 8
38	5 + 5 + 5 + 5 + 6 + 6 + 6	7 + 7 + 8 + 8 + 8
39	5 + 5 + 5 + 6 + 6 + 6 + 6	7 + 8 + 8 + 8 + 8
40	5 + 5 + 6 + 6 + 6 + 6 + 6	8 + 8 + 8 + 8 + 8

9.0 RULES FOR CALL TO START AND RE-START

9.1 Call to the start

(ISU rule no. 350)

Skaters must take the starting position of each Segment of the competition (Short Program and Free Skating) at the latest thirty (30) seconds after they are called to the start. If this time has expired and the Skater/s has/have not yet taken the starting position, the Referee shall apply a deduction (deducted from the final score). If sixty (60) seconds started from the call to the start have expired and the Skater/s has/have not yet taken the starting position, he/they will be considered as withdrawn.

9.2 Allowance of a delayed start or restart

(Svarende til ISU regel nr. 515)

If the tempo or quality of the music is deficient, the Competitor/s may restart the program from its beginning, provided the Referee is informed within 30 seconds after the start of the program

If an interruption or stop in the music or any other adverse condition unrelated to the Competitor/s or his/their equipment, such as lighting, icecondition etc. occurs, the Competitor/s must stop skating at the acoustic signal of the Referee. The Competitor/s shall continue from the point of interruption immediately after the problem has been solved. If, however, the interruption lasts longer than ten minutes, there shall be a second warm-up period.

If a Competitor gets injured during the performance or another adverse condition related to him or his equipment (such as health problems or unexpected damage to his/their clothing or equipment) impedes his/their skating, the Competitor/s must stop skating. If he/they don't stop, they will be ordered to do so by an acoustic signal of the Referee.

- If the adverse conditions can be remedied without delay and the Competitor/s resumes skating his/their program without reporting to the Referee, the Referee will apply a deduction for interruption as per Rule 353, paragraph 1.n) depending on the duration of the interruption. This time period commences immediately after the Competitor/s stops performing the program or is ordered to do so by the Referee, whichever is earlier. During this

time period, the Competitor's music will continue playing. If the Competitor/s does not resume skating his/their program within forty (40) seconds, he/they shall be considered withdrawn.

- If the adverse conditions cannot be remedied without delay and the Competitor/s reports to the Referee within forty (40) seconds, the Referee will allow an additional up to three (3) minutes period for the Competitor/s to resume skating. Then the Referee commands to stop the music. The additional time period commences at the moment the Competitor/s reports to the Referee. The Referee will apply a deduction for 5 points. If the Competitor/s does not report to the Referee within forty (40) seconds or does not resume skating his/their program within the additional three (3) minutes period, he/they shall be considered withdrawn.

With respect to adverse conditions related to a Competitor or his equipment, only one restart per program is allowed. In case of a second stop of the performance due to an adverse condition related to the Competitor/s or his/their equipment the Competitor/s concerned shall be considered withdrawn.

If Competitor/s do not complete the program, no marks are awarded and the Competitor/s is/are withdrawn.

For further information on rules/deductions of interruptions: ISU Communication 1845, Also Communication 2024 for Novice and younger.

10.0 RULES FOR TIME DEDUCTIONS

The time must be reckoned from the moment the Skater begins to move or to skate until arriving at a complete stop at the end of the program

Short Program

Any element started after the required time must not be identified by the Technical Panel and will have no value. If the Skater fails to finish the Program, within the allowed range of time, there should be a deduction on 1.0 point for up to every five (5) seconds.

Free Skating

If the Skater fails to finish the Program, within the allowed range of time, there should be a deduction on 1.0 point for up to every five (5) seconds too short or long. Any element started after the required will have no value. If the program are 30 sec or more too short the skater will receive no score.

11.0 RULES FOR COSTUMES AND MUSIC

11.1 SKATING COSTUMES

The clothing must not give the effect of excessive nudity inappropriate for the discipline.

Ladies and Girls can wear skirts, tights or trousers. Skirt is not a requirement.

Men must wear full length trousers and must not wear tights. Sleeves are not required.

Accessories and props are not permitted.

Clothing that does not adhere to these guidelines will be penalized by a deduction of 1.0 points if majority of judges deduct.

11.2 MUSIC

Music with vocals are allowed in all categories

12.0 PROTESTS AND REQUESTS

12.1 Protests

Protests must be filed in writing to the Referee. At the same time 500 DKK or other convertible currency to the same value must be deposited with the Referee. No protests against evaluations by Referees, Judges and the Technical Panel of Skaters' performances are allowed

12.2 Requests

Questions and comments on evaluations and judging can be forwarded in person to the Referee directly after the competition. If the Referee needs reflection the people involved can agree on a written communication. 500 DKK is not to be deposited at requests.

For complete ISU rules on protests; ISUs rule 123 i ISUs Constitution and General Regulations:

http://static.isu.org/media/79153/2012_constitution_and_general_regulations.pdf

13.0 COMMITTEE

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