



Announcement

Copenhagen Solo Ice Dance OPEN (CoSID) 2026

We are happy to welcome you to Copenhagen Solo Ice Dance International in Herlev, Greater Copenhagen, Denmark.

Dates: 28. February - 1. March 2026

Hosted by Herlev Figure Skating Club (HIKU)

General regulations

CoSID OPEN 2026 will be conducted in accordance with the Danish Solo Ice Dance Rules and Requirements 2025/26.

Competition Registration

Entries must be submitted to the Local Organizing Committee (LOC) via the electronic [Entry Form](#) **no later than January 18th, 2026**.

Payment is due by the time of registration.

Entries submitted after the Closing Date, January 18th, 2026, will be subjected to an additional late fee of 15€ if accepted by the LOC.

The LOC reserves the right to close entries early for one or more categories if maximum capacity is reached.

Entry Fee

The entry fee for all events will be 800Dkr to be paid upon registration.

In case a skater(s) has been entered in the competition, but cannot participate, they can be replaced by another skater(s) in the same category and class until the draw.

Participating clubs are asked to inform immediately of any changes in their entries by emailing CoSID@hiku.dk

Competition Venue

The Competition will take place at Herlev Skøjtehal (Herlev Ice Rink), Tvedvangen 204, 2730 Herlev, Denmark.

The ice surface is 30 meters by 60 meters with rounded corners. The rink is heated.

Event Requirements

The competition will follow the Danish rules for solo ice dance:

[DK solo ice dance rules](#)

We further refer to the requirements announced annually in the ISU International Solo Ice Dance Guidelines <https://isu-skating.com/figure-skating/events/solo-ice-dance/>:

[General Rules and Requirements](#)

[Technical Rules and Level Requirements](#)

[Scale of Values](#)

Events offered will be:

Solo Basic Novice OPEN - 1 Pattern Dance and 1 Free Dance

Solo Intermediate Novice OPEN - 1 Pattern Dance and 1 Free Dance

Solo Advanced Novice OPEN 1 - Pattern Dance and 1 Free Dance

The Pattern Dances will be skated prior to the Free Dance.

Technical Requirements

Advanced Novice OPEN: - Quickstep (2 Sequences) - Free Dance (2'20 +/- 10 sec)

Intermediate Novice OPEN: - European Waltz (2 Sequences) - Free Dance (1'50 +/- 10 sec)

Basic Novice OPEN: - Tango Canasta (2 Sequences) - Free Dance (1'30 +/- 10 sec)

For information about required elements please refer to the [International Solo Ice Dance Rules & Requirements](https://isu-skating.com/figure-skating/events/solo-ice-dance/) - <https://isu-skating.com/figure-skating/events/solo-ice-dance/> and the [Danish Solodance rulebook](#)

Age requirements

The categories are open and there are no age requirements

Planned program content and music

Links to the element chart (PPC) and music upload will be sent by email upon registration. The deadline for filing PPC and uploading music is January 22th 2026. After the deadline the link will be de-activated and registration of PPC/music will be subject to a 15€ late fee.

[Upload here](#)

PPC Submission Reminder

Skaters are required to submit their Program Content Sheets (PPC) no later than January 22nd, 2026.

It is mandatory that each PPC is completed accurately in English, using the correct terminology for elements as listed in the Solo Ice Dance Scale of Values.

The PPC sheet can be downloaded [here](#).

Each PPC must be named:

<Category>_<country>_<name(s) of competitor>_<Planned Program Content>

Example for PPC file:

Junior_DEN_Sofie_JENSEN_PPC

Music:

Music should be uploaded before January 22th, 2026 in MP3 format and should clearly state the category, rhythm or free dance, country, club, full name of the competitor and the music length. Please note that music length is the exact running time of the music and not skating time.

Each file must be named:

<Category>_<Segment:RD/FD>_<country>_<name(s) of competitor>_<Running time>

Example for music file:

Junior_RD_DEN_Sofie_JENSEN_02.40.mp3

Junior_FD_DEN_Sofie_JENSEN_03.40.mp3

Each Skater must have their own back-up drive (USB stick or mobile phone) for each program in the format of an MP3 file.

Presentation of Medals

The first three best placed Competitors in each event will be announced and honored on the ice at least once a day. Group pictures with all the competitors will take place following the reward ceremony.

Fotos

Action photos may be provided for an additional fee. Skaters will receive an email about pre-orders before the competition. Spectators are reminded that flash photography is not allowed during activities on ice. Personal photo and video cameras are permitted but may only be used to film your skater's performance and for personal use only. Only battery-powered video units are allowed; electrical cords, tripods (or similar devices) are not permitted in the arena.

Changing facilities

Locker rooms are available to skaters as dressing/changing rooms at this competition. Locker rooms are for athletes only, and are labeled with regard to specific ages and gender. Athletes ages 11 years or younger may be accompanied by one parent of the same gender to assist their child immediately prior to and after their skating event(s) and only in agreement with the athlete's coach or team leader.

Insurance / Liability

It is the sole responsibility of each Member participating in the competition to provide medical and accident insurance for their athletes, officials and all other members of the member's team. Such insurance must assure full medical attendance including the return to the home country by air transport or by other expeditious means of the ill or injured person(s). The OC assumes no responsibility nor liability with regards to bodily or personal injury nor is the OC liable for any property

damage incurred by Competitors or Officials. The OC will provide Medical Emergency Aid during the Competition.

Preliminary Time Schedule

January 4th, 2026: Deadline for entries

January 22nd, 2026: Deadline for music & PPCs

Wednesday 25th, 2026: Starting Order released

Saturday February 28nd, 2026: Rhythm Dances

Sunday March 1st, 2026 : Free Dances & Podiums

A provisional schedule will be sent out to all participating clubs ultimo January 2026.

Contact and Questions

All communication between participating clubs and HIKU will occur via COSID@hiku.dk - We strive to respond to all inquiries as quickly as possible.

Disclaimer, Reservations and Responsibility

Cancellation: In the unlikely event that there are not enough registered skaters, officials, etc., HIKU reserves the right to cancel the competition or specific parts of it. In such cases, participant fees will be refunded.

Injuries and theft: HIKU disclaims any responsibility for injuries, accidents, and theft that may occur to participants, officials, or others during the event.

Photo and Livestreaming: HIKU reserves the right to live stream and retain the copyright to photos and videos taken during the competition.

Program changes: HIKU reserves the right to make ongoing changes to the schedule.

Force Majeure: HIKU cannot be held liable in case of force majeure.

Cancellations in case of Injuries, and Illness: HIKU does not refund participant fees.

Privacy and Data Security (GDPR): HIKU takes care of your information. Collected information will be deleted at the end of the season, with the exception of names and results, which will be saved on the results server.

We look forward to welcoming you!