

# Træning mellem jul og nytår

Fredag d. 27. dec	Hal	Hold	Træner
15.30-16:30	Hal 2	<b>F1-Hold 3</b> Freja v, Sigrid, Lucia, Malia, Ella	
16:45-18:00	Off-ice	<b>F1-Hold 3</b> Freja v, Sigrid, Lucia, Malia, Ella	Jacob
16.30-17:30	Hal 2	<b>K1-K2</b> Sara B, Freja W, Freja B, Fernanda, Anna, Julie, Karoline, Emma B	
17:00-17.45	Hal 1	<b>M-K3</b> Fie, Laura, AF, Lotus, Veronica, Olivia, Maya H	
18.00-19.15	Off-ice	<b>M-K3-K2-K1</b> Fie, Laura, AF, Lotus, Veronica, Olivia, Maya H, Sara B, Freja W, Freja B, Fernanda, Anna, Julie, Karoline, Emma B	Jacob
Lørdag d. 28. dec	Hal	Hold	Træner
10:00-11:00	Hal 2	<b>F1-Hold 3</b> Freja, Sigrid, Filippa, Lucia, Ella	Maia S
11:00-12:00	Hal 1	<b>K1-K2</b> Sarah B, Sofie M, Freja W, Freja B, Fernanda, Julie R, Karoline, Emma B	Maia S
12.00-13:00	Hal 1	<b>M-K3</b> Fie, AF, Veronica, Olivia, Maya H	Maia S
Søndag d. 29. dec	Hal	Hold	Træner
11:30-12.30	Hal 2	<b>F1-Hold 3</b> Lucia, Freja, Filippa	Maia S
12.45-13.45	Off-ice	<b>F1-Hold 3</b> Lucia, Freja, Filippa	Jacob
12.45-13:45	Hal 2	<b>M-K3</b> Fie, Laura, AF, Lotus, Veronica, Olivia, Maya H	Maia S
14:00-15:00	Off-ice	<b>M-K3</b> Fie, Laura, AF, Lotus, Veronica, Olivia, Maya H	Jacob
13:45-14:45	Hal 2	<b>K1-K2</b> Sofie m, Sara B, Freja W, Freja B, Fernanda, Julie R, Karoline, Emma B	Maia S
15:00-16:00	Off-ice	<b>K2-K1</b> Sofie M, Sara B, Freja W, Freja B, Fernanda, Julie R, Karoline, Emma B	Jacob
Mandag d. 30. dec	Hal	Hold	Træner
17:00-18:00	Hal 2	<b>F1-Hold 3</b> Filippa, Lucia	Maia S
15.45-16.45	Off-ice	<b>F1-Hold 3</b> Filippa, Lucia	Jacob
18.00-19.00	Hal 1	<b>K1-K2</b> Sarah B, Freja W, Freja B, Fernanda, Julie R, Karoline, Emma B	Maia S
16.45-17.45	Off-ice	<b>K1-K2</b> Sarah B, Freja W, Freja B, Fernanda, Julie R, Karoline, Emma B	Jacob
19:00-20:00	Hal 1	<b>M-K3</b> Fie, AF, Lotus, Veronica, Olivia, Maya H	Maia S
17:45-18:45	Off-ice	<b>M-K3</b> Fie, AF, Lotus, Veronica, Olivia, Maya H	Jacob